

Please note that this menu is subject to change.

11

Monday

Soup Chicken Noodle Soup
Lentil Soup

Home Zone Lunch Salisbury Steak

Vegetable Cutlet with
Caramelized Onions

Side Vegetable Medley
Mashed Potatoes

12

Tuesday

Soup Split Pea Soup
Tuscan Tomato Soup

Home Zone Lunch Roasted Turkey & Gravy

Pan Seared Tofu & Green
Beans

Side Wild Rice Pilaf with
Cranberries
Vegetable Medley

13

Wednesday

Soup Carrot Ginger Soup
Vegetable Barley Soup

Home Zone Lunch Curry Chicken

Chana Masala
Side Jasmine Rice
Roasted Cauliflower

14

Thursday

Soup Chicken & Rice Soup
Black Bean & Vegetable

Home Zone Lunch Chicken Lo Mein

Ma-Po Tofu

Side Stir Fry Vegetables
Jasmine Rice

15

Friday

Soup Chef's Choice
Chef's Choice

Home Zone Lunch Chef's Choice

Chef's Choice

Side Chef's Choice
Chef's Choice



Please inform your server if anyone in your party has a food allergy.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Carb Control •
 Caution •
 Contains Nuts •
 Fresh Start •
 Gluten Friendly •
 Heart Healthy •
 Low Calorie •
 Low Fat •
 Low Sodium •
 Vegan/Vegetarian

View our menu online by going to http://www.lessings.com/menu_for_NYMC.html